



MAY 2022

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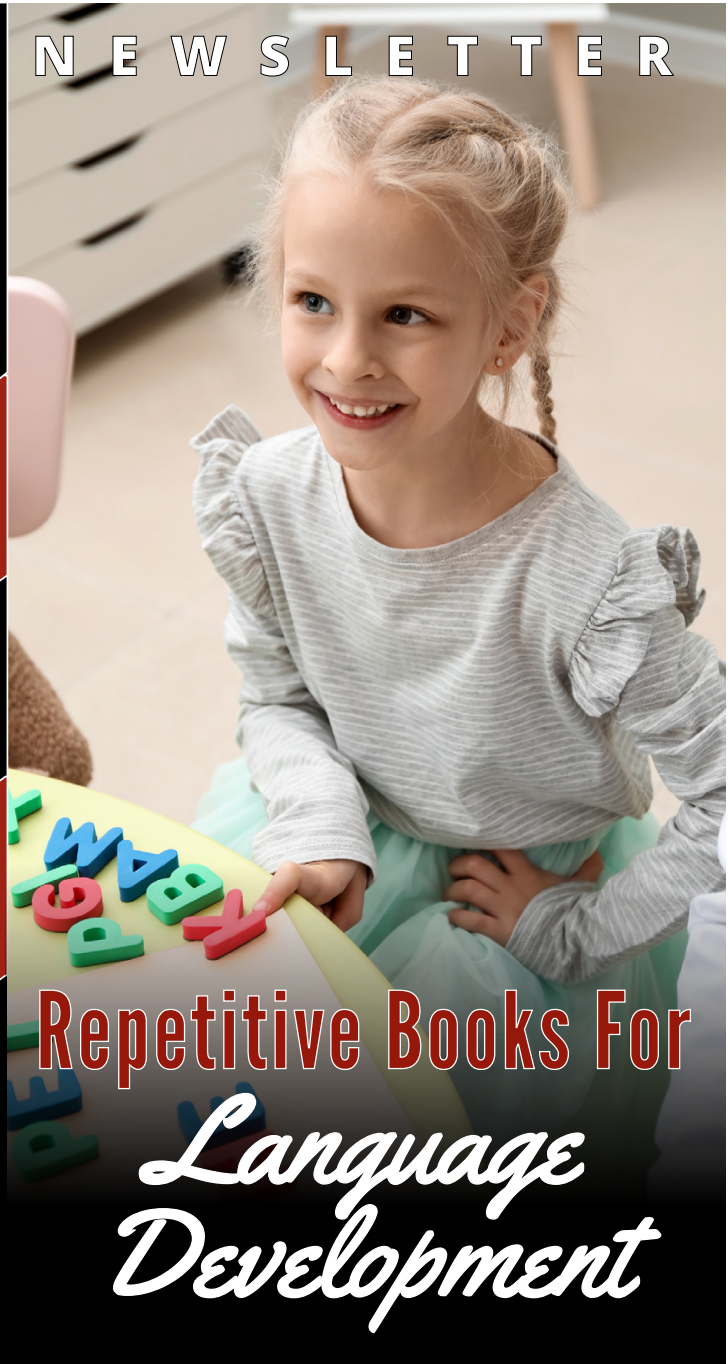
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Repetitive Books For *Language Development*

REPETITIVE BOOKS FOR *Language Development*



Children with speech and language problems may have difficulty sharing their thoughts with words or some children may have a difficult time saying words clearly. Reading to your child and having them name objects in a book or repeating repetitive text can strengthen their speech and language skills. How? Repetitive and predictable children's books are excellent for children in general. However, they are particularly useful for children who have speech and language delays.

Repetitive books are useful because the predictability decreases the cognitive load needed for comprehension and allows the child to focus on production of new vocabulary and language. Repetitive books allow children to fill-in the words, phrases, and character's names, as the book content becomes more familiar. Non-repetitive books often result in the child attempting to participate in reading by either imitating the readers' words or by answering questions presented by the reader. A predictable repetitive book allows the child to fill- in without imitating.

The ability to fill-in words and phrases can lead to increased participation, turn taking, and decreased frustration for the child. Repetitive books can lead to an increased desire for reading and literacy early on in their lives. Finding books that they enjoy can help bond with children.

How to use repetitive books to facilitate language development:

1. Start by reading the book through to get the child familiar with the book.
2. Re-read, pausing before the last word of the repetitive phrase. For example, in the book "Five Little Monkeys" read it: "No more monkeys jumping on the ____." Wait for the child to try and vocalize.
3. If the child doesn't initially respond, provide a model (bed) and encourage them to read it "with" you, moving toward independent production.
4. Eventually, pause before the entire repetitive phrase, cueing the child to say it independently. (This may take multiple repetitions over a long period of time. The key is to not give up and keep reading to your child! Reading should be fun!)



MAY IS...BETTER HEARING & SPEECH MONTH



Left to right: Maria Fairfield, Jeanne Kilzer

May is Better Hearing & Speech Month, which provides an opportunity to raise awareness about communication disorders. Our amazing speech therapists, Maria Fairfield and Jeanne Kilzer, treat patients from pediatrics to geriatrics across a wide range of diagnoses and deficits, including speech, language, voice, swallowing, memory, and cognition. Thank you to our dynamic duo for providing life-altering treatment for our patients!

Here is a list of books with repetitive text:

- ▶ *Are you a Cow?* (Sandra Boynton)
- ▶ *Are you my Mother?* (P.D. Eastman)
- ▶ *Blue Hat, Green Hat* (Sandra Boynton)
- ▶ *Brown Bear, Brown Bear* (Eric Carle)
- ▶ *Chicka Chicka, Boom Boom* (Bill Martin & John Archambault)
- ▶ *Click, Clack, Moo: Cows That Type* (Devon Kruse-Wu)
- ▶ *Five Little Monkeys Jumping on the Bed* (Eileen Christelow)
- ▶ *Goodnight Moon* (Margaret Wise Brown)
- ▶ *Go Away, Big Green Monster!* (Ed Emberley)
- ▶ *Jesse Bear, What Will you Wear?* (Nancy White Carlstrom)
- ▶ *The Grouchy Lady Bug* (Eric Carle)
- ▶ *The Jacket I Wear in the Snow* (Shirley Nietzel)
- ▶ *The Little Old Lady Who Was Not Afraid of Anything* (Linda Williams)
- ▶ *Little Cloud* (Eric Carle)
- ▶ *Mrs. Wishy Washy* (Joy Cowley)
- ▶ *The Napping House* (Audrey Wood)
- ▶ *Panda Bear, Panda Bear* (Eric Carle)
- ▶ *Polar Bear, Polar Bear* (Eric Carle)
- ▶ *Peek a Moo* (Marie Torres Cimarusti)
- ▶ *Pete the Cat* (Eric Litwin)

MAY 8TH - 14TH IS...NATIONAL SKILLED NURSING CARE WEEK



First photo, left to right: Debra Vaagen, Haylee Peters, Kayla Dorrell, Miranda Kuhn. Second photo, left to right: Roberta Wock, Lexi Hauck, Rachel Kottsick. (Not Pictured: Jeanne Kilzer, Heidi Schmidt, Sasha Tsihur-Mayer, Sondra Kolling)

National Skilled Nursing Care Week is May 8-14, 2022. This week celebrates the essential role that skilled nursing care centers and staff play in creating and nurturing connections for their residents. We would like to celebrate all of our therapists who service several skilled nursing facilities in the area, including St. Luke's Home in Dickinson, Hill Top Home of Comfort in Killdeer, and the Richardton Health Center in Richardton. Thank you for all that you do!

For more information about how Therapy Solutions can help you, visit our website at therapy-solutions.net.

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CONGRATULATIONS CORNER!

A number of congratulations are in order for the Therapy Solutions staff!



Tera Dutchak (Billing Manager) welcomed a baby boy, Sebastian Otis, on February 8th.

Shawntaya Mickens (Billing/Coding Specialist) welcomed a baby girl, Lakelynn Maye, on March 15th.



Sondra Kolling (COTA) also welcomed a baby girl, lyla Rose, on March 15th.

Mackenzie Grubbs (Clinic Receptionist/Rehab Technician) recently got married to Lane Berg on March 19th, 2022



NOTES FROM THE BOSSES CORNER



Greetings! Our staff at Therapy Solutions work hard to provide great quality of care and valued service to southwest North Dakota. Our goal is simply to give something back to a community that does so much for us. I realize that when it comes to health care, you and your family have great options.

We are surrounded with so many skilled and talented healthcare providers in the area. I believe our healthcare system is one of the many great things that our community should be proud of. So, when you choose to trust our group, it is truly an honor. My hope is somehow in some way, we make a positive difference in your life. Happy Spring from our team! — Jared



SPRING HAS...SPRUNG?

Happy Spring (This was taken April 14, 2022). Spring Blizzard. Thank you for your patience, to everyone who had to reschedule appointments due to office closure on April 13 and 14!