



Therapy Solutions
1679 6th Ave W
Dickinson, ND 58601-2647
Phone: 701-483-1000 | Fax: 701-483-1001

Couples Therapy Consent

1. Emergency Management between sessions was discussed. After Hours Emergency contacts were given to the client.
2. Therapist is a Mandated Reporter
3. Therapist has a Duty to Warn
4. Client was informed of Confidentiality, Privacy, and Security of sessions and records. We understand that confidentiality will be maintained as much as possible.
5. Diagnosis, treatment, duration, risks and benefits and alternative options have been discussed.
6. Client was informed not to send E mails that are confidential or urgent information to their therapist via email. If there is an urgent matter, they were informed to call the office number or the emergency numbers that were discussed.
7. Client was informed of the \$50 cancellation fee. Couple is responsible deciding who will pay for the fee if they should be charged.
8. Client was informed of the Walk Talk Therapy Policy.
9. If you are seen in the community, you will not be acknowledged due to breach of confidentiality
10. Social Media Policy – Therapy Solutions Staff will not interact with clients through social media
11. Client may not record session without written consent of the Therapist
12. We understand that information discussed in couples therapy is for therapeutic purposes and is not intended for use in any legal proceedings involving the partners. We agree not to subpoena the therapist to testify for or against either party or to provide records in a court action.
13. If we have dependent children, we understood the potential limits of confidentiality regarding access to records, in child custody case.
14. We acknowledge, understand and consent that there is a security camera in the therapy room and have been informed that there is no audio. The video is confidential and not viewed by anyone unless there is a discrepancy about conduct in the session.
15. On occasion, individual partners/spouses may be seen by the couples counselor, for an individual counseling session (specifically, but not limited to EMDR), with the goal that individual work may improve the couple as a unit. In this case, the individual session is still considered as part of the couple’s treatment plan, therefore disclosure of information will flow back and forth from those particular individual sessions to the couples session. THIS DOES NOT APPLY if the individual is receiving individual counseling, to work on individual treatment goals, not related to couples counseling. Here are the guidelines of an individual sessions for couples counseling:
 - a. The therapist does not keep “secrets” that undermine the integrity of couples counseling, that are disclosed in individual sessions. Confidentiality and safety are different from “secrets.”
 - b. Anything either of us tells the therapist individually, whether on the phone or in an individual meeting, may not be held as confidential, and at the therapists discretion may be shared with the spouse/partner during a subsequent couple session.
 - c. The therapist’s goal in the individual session is for the overall improvement to the couple as a unit. If individuals want to utilize individual therapy for other reasons, the therapist will provide a referral to an individual therapists. This policy is intended to maintain the integrity of the couples/marital counseling relationship.
 - d. The therapist may determine, that it is necessary, to discontinue the counseling relationship with the couple if there is information that an individual desires to keep secret, after the therapist has determined is important to disclose, for the sake of the integrity of couples counseling.

My signature indicates I was informed of the information above and agree with the information stated

Client Signature:

Date :